



Searching for seniors housing options?

The Alberta Seniors Housing Directory is the open door to independent and supportive living options in your community. Interactive and easy to use, this online resource allows you to search for the amenities, lifestyle supports and services that are right for you.

Find your new home today!

www.housingdirectory.ascha.com



Supported by:



Things to Do...

Nov 30: Hand2Hand Christmas Market 10a-4p,
Over 60 local vendors—free admission!
Terwillegar Community Church

Dec 14: Wholly Handmade Market, Free! Over
120 vendors, 401 Festival Lane, Sherwood Park

Dec 17: NESA Christmas Special Event 12:45p \$10
Refreshments & Entertainment (780) 496-6969

Dec 18: Coffee & Chat 1-4pm, at Terwilliger Rec
Centre \$2 (host: SWESA)

Drop-in Jam sessions MWSAC 780 496 2997
Bring your own instrument and join in!

Jam Session & Dance Wednesdays 12-2:30pm
NWESS 780-909-5377

Over the Rainbow group for LGBTQ+ seniors.
Drop-in Wednesdays & Thursdays 1—3pm at
Sage Seniors Association

WHAT'S YOUR STORY??

If you would like to share how your life has
changed due to finding our service, please
write in or call the
office and share
with us!



Welcome to our Team...

JENNIFER

Jennifer previously worked developing wellness
activities for independent seniors. She is also an
artist with her paintings at various galleries in the
city. She has two teenaged children.

Jennifer is excited to join our team, to expand the
numbers of people Drive Happiness supports and
to help seniors live happier!

LIVING SOUNDS Hearing Centre

**Put your trust in Living Sounds to
be your hearing health partner!**

- ✓ Full-service hearing health care provider
- ✓ Service that exceeds expectations
- ✓ Customized hearing solutions
- ✓ Edmonton and the surrounding area

**FREE DRIVES TO & FROM
YOUR APPOINTMENTS**

780-488-8100 | info@livingsounds.ca

THE RIDER

Issue 11 Winter 2019

Engaging seniors to community

We had a very busy fall with our expansion project, adjusting to our new site, attending senior expos, sector meetings, our CBC documentary screening, the WESAC partnership event, and serving more seniors than we ever have.

As we look forward, we are excited for what's in store for 2020. We anticipate continuing our work with the provincial government and Edmonton Community Foundation on provincial expansion. We are also hopeful that the City of Edmonton will grant us some funding going forward. They have provided us with an excellent business model and we plan to implement some of this in the upcoming year. Thank you to Councilor Andrew Knack, Ward 1, for his ongoing support and dedication to the seniors in our community.

Thank you to all of our sector partners, especially WESAC and Volunteer Strathcona for their overwhelming support and generosity. As our population ages, we hope to work more closely with all the amazing service organizations in the Edmonton area. Drive Happiness is just one piece of the puzzle and we are dedicated to connect our seniors with all the other pieces.

We look forward to celebrating our wonderful seniors, drivers and the success of our past year together at our upcoming Holiday Dinner. Be sure to call in ASAP to purchase a ticket and reserve your ride! (Details below.)

On behalf of the Drive Happiness staff,

I wish you peace & joy this Holiday and in the New Year!

Liza Bouchard,
EXECUTIVE DIRECTOR

Holiday Dinner

Come & enjoy a delicious dinner, door prizes,
entertainment, silent auction, & 50/50!

December 15 ★ 5pm

Tickets—\$15

10740-19 Ave NW
(Southminster-Steinhauer United Church)

CALL THE OFFICE BY DEC 6 TO BUY YOUR TICKET (780-424-5438 EXT 1.) & RESERVE A RIDE IF
NEEDED! YOU CAN PAY ON THE PHONE VIA CC (\$3 FEE), MAIL A CHEQUE, OR DO
E-TRANSFER. **TRANSPORTATION INCLUDED IN COST FOR REGISTERED RIDERS



780-424-5438

9916 — 45 Ave. NW | Edmonton, AB T6E 5J1

Toll-Free 888-336-4503 | www.drivehappiness.ca

Drive Happiness Seniors Association Charitable number #86242-1310 RR0001

*Any action you take upon the information in this newsletter is strictly at your own risk.

WILLS, ESTATES & NOTARY.

MARRAZZO LAW OFFICE

Lina Marrazzo B.A., LL.B

Call us today at (780) 756-5500

Fax: (780) 757-5505 | 9535 - 135 Avenue Edmonton, AB. T5E 1N8

Email: mlo@marrazzolawoffice.com

****10% off with Drive Happiness membership card****

WENDY'S Errands For Elders

780.916.8916

Enjoy your life, leave the errands to us.



Our goal is to support and promote independent living and reduce demands on the families.



Wendy Moyle
Founder & Errand Expert

wendy@WendysErrands.com
WendysErrands.com



Welcome Home

- Accommodation for adults age 65+
- Affordable rent based on your income
- 31 apartment buildings
- 11 lodges with meals and housekeeping
- Clean, well maintained, secure buildings
- Friendly, professional staff
- Recreation activities

To request an application package, or for more information, please call 780.482.6561, email housinginfo@gef.org or visit gef.org.



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to Drive Happiness!



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WESTEND SENIORS ACTIVITY CENTRE TOONIE TALKS

Join us each week for our Toonie Talk series. Guest speakers discuss topics seniors need to know! Estate lawyers, home organizers, financial planners and fraud prevention experts are just some of the presenters planned for 2020!

Admission is \$2.00
Visit our website www.weseniors.ca or call
780.483.1209 for more information



\$20 donation will be made to



When You Book an
Age in Place
Consultation or
Seniors Housing
Consultation

www.Edmonton55.com | 780-909-5377

GEF Seniors Housing recently held its 12th Annual Great Knitting Giveaway, and it was a huge success! Over the past year, more than 100 GEF tenants and residents have created about 8,000 hand-knitted and crocheted items, including hats, mitts, scarves, blankets, sweaters and slippers. All of the items have been donated to eight local charities – mostly inner-city – who will ensure

their clients feel
warm and cared
for in the
chilly months
to come.



GoGo connects local post secondary students to older adults who need assistance with shoveling, lawn care, house chores, technology lessons, companionship, and other non-medical senior services. Our caregivers are thoroughly vetted and provide the same high quality level of care they would to their own grandparents. Call 587-974-3023 or book online at www.gogofriendly.ca.

Get Out, Get Social & Get Informed

Join Beaumont FCSS for informative sessions in a social setting.

Beaumont Community Center
(5204 50 Ave.) 11:30am-1:30pm
Light lunch will be provided.

Registration required.
To register or for more information
call 780-929-1006 or email
fcss@beaumont.ab.ca

Next sessions:

November 5

Recognizing Abuse with
Alberta Council on Aging

December 3

Holiday Painting with
Bee Joyful Art

January 7

Declutter Your Life with
Professional Organizer Diana Benson



JOIN THE SENIORS' CENTRE WITHOUT WALLS FOR OUR HOLIDAY PROGRAMS DECEMBER 23RD THROUGH 31ST



We are a free program that brings recreational activities and friendly conversation right to you, entirely over the telephone.

All programs begin at 11:00 a.m. &
1 hour in length.

Monday, Dec. 23: Vinyl Cafe for the Holidays
Tuesday, Dec. 24: Short Story CBC's "The Shepherd"
Friday, Dec. 27: Memory Practice
Monday, Dec. 30: Laugh Out the Year
Tuesday, Dec. 31: Quiz of the Year 2019

**CALL AT THE TIME & DAY OF
PROGRAMS:**

1.855.703.8985
MEETING ID: 225.573.6467#

TO REGISTER FOR REMINDER CALLS:
780.395.2626

