AlzheimerSociety

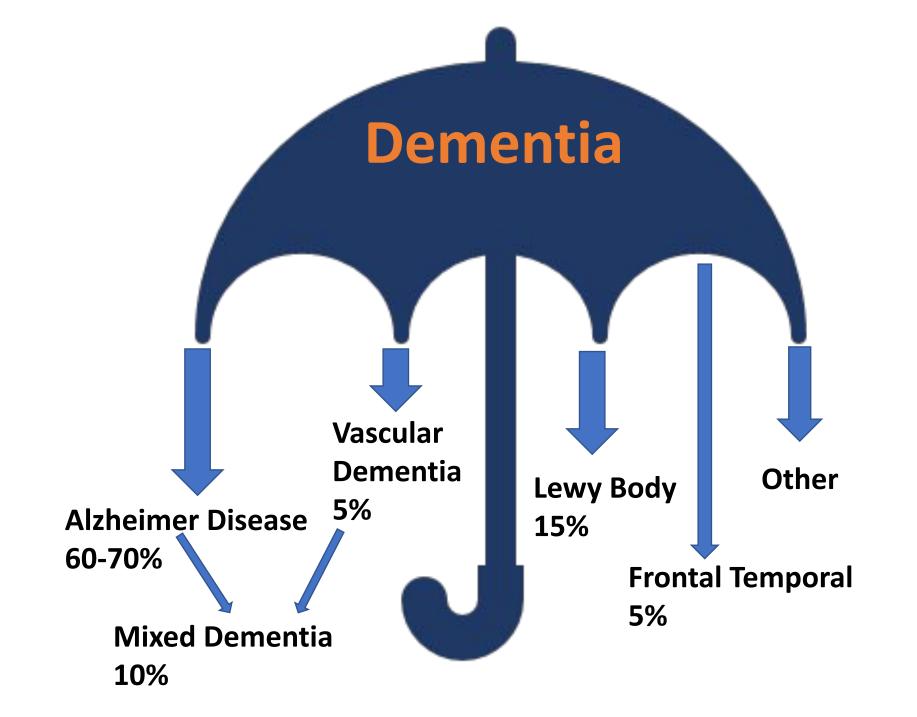
ALBERTA AND NORTHWEST TERRITORIES

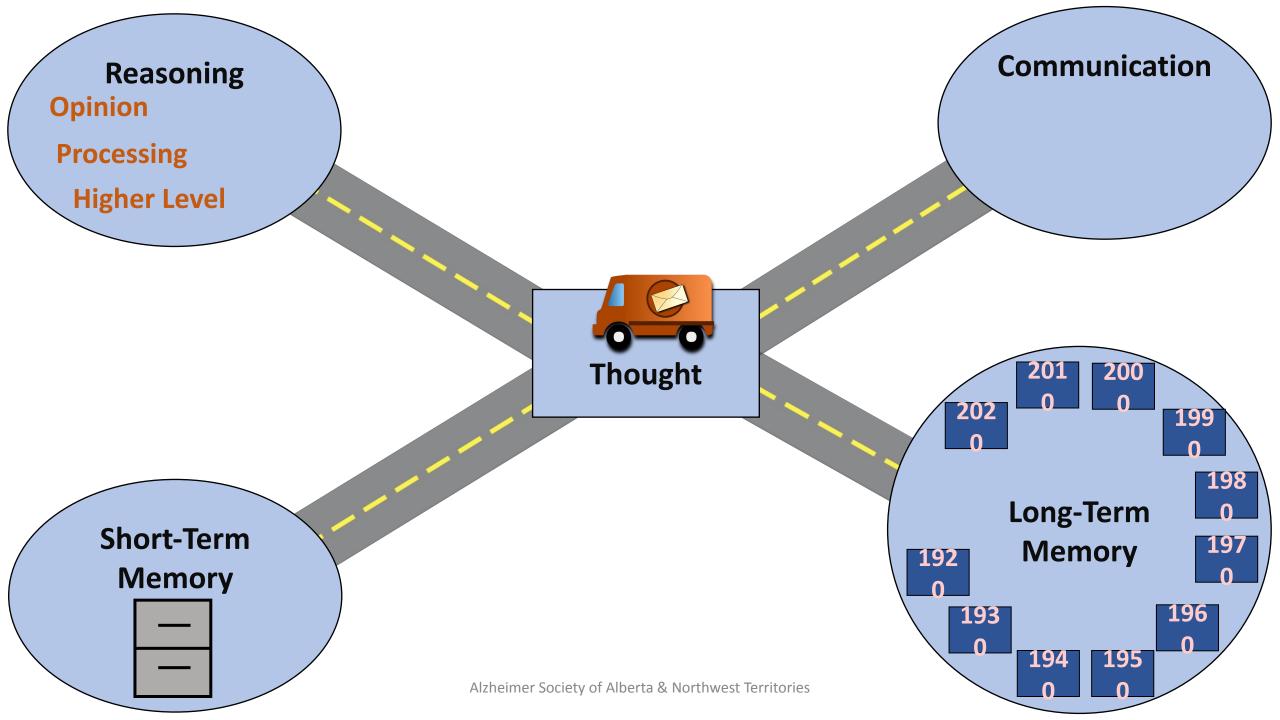
Alzheimer Society of Alberta & Northwest Territories

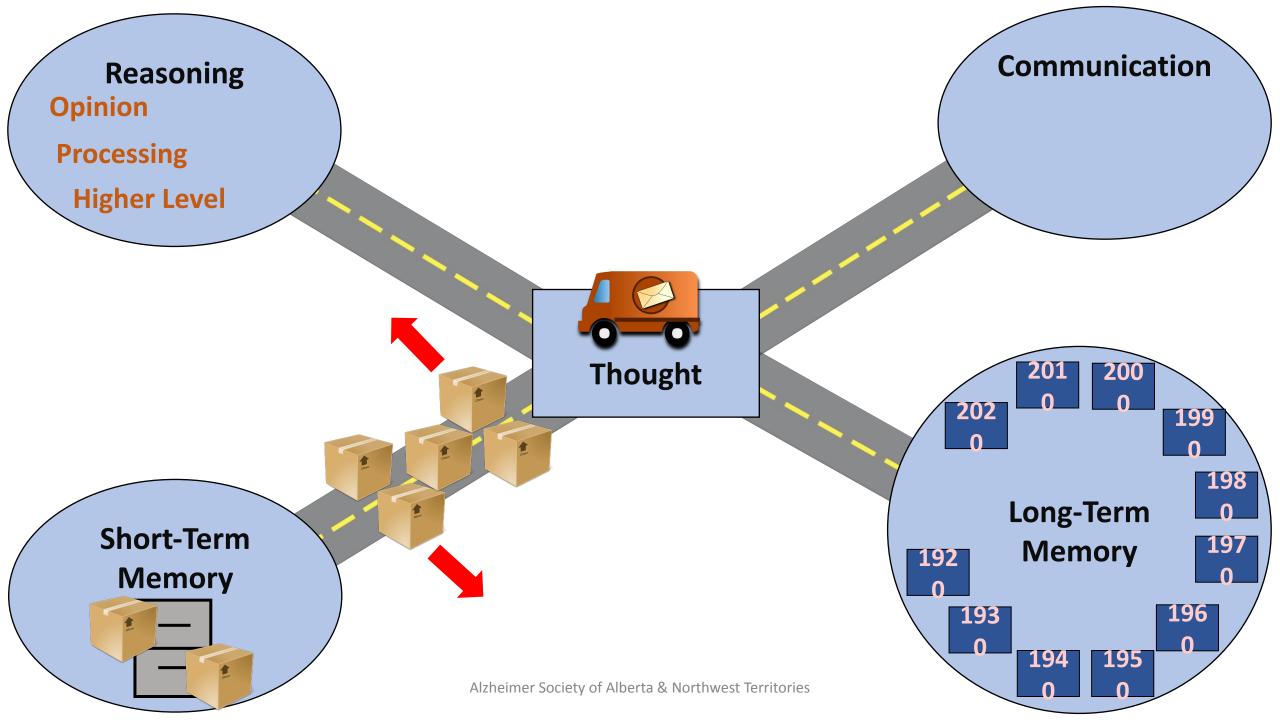
We acknowledge the many First Nations, Métis and Inuit who have lived in and cared for these lands for generations. We are grateful for the traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us. We make this acknowledgement as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.

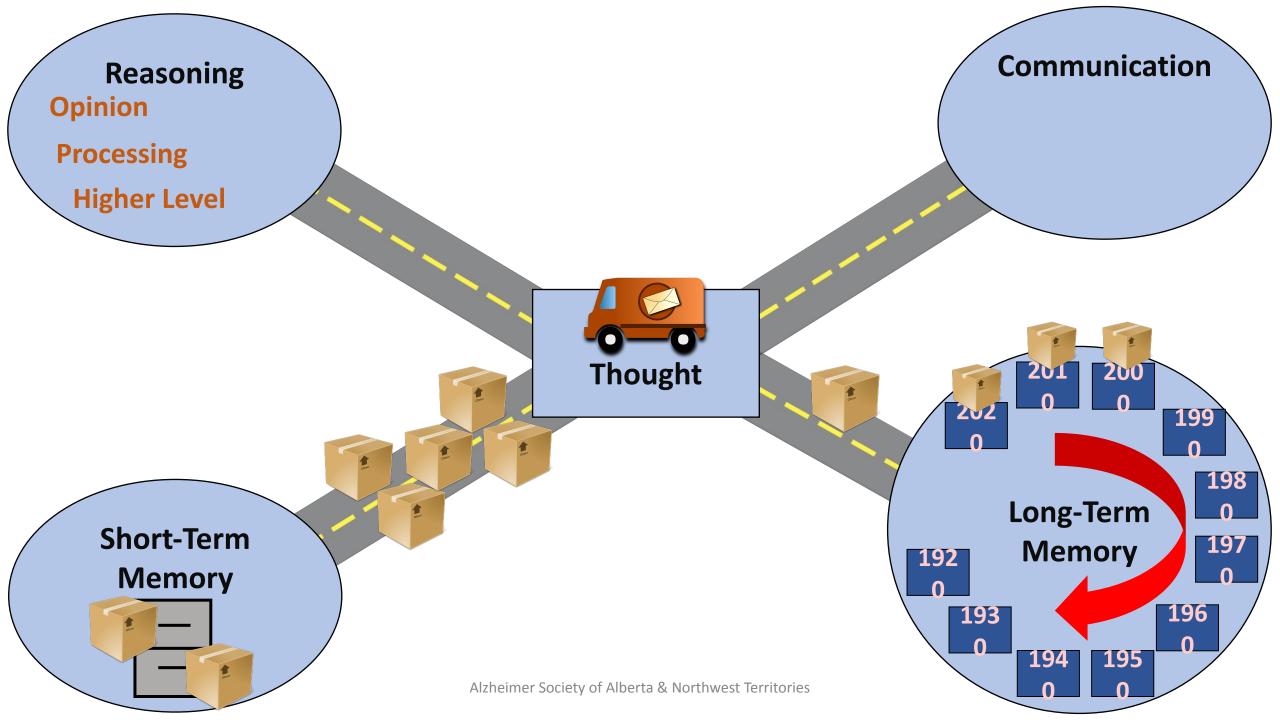
Agenda

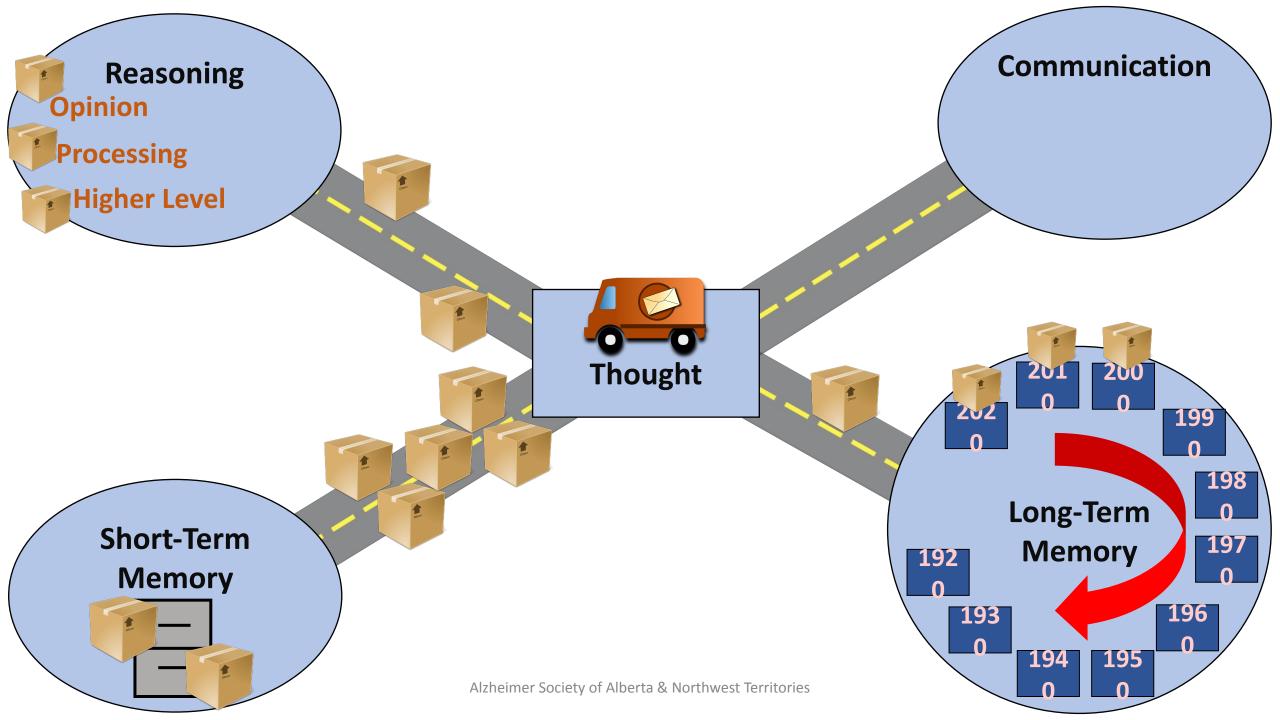
- Types of Dementia
- The Brain
- The Brain with Dementia
- Scenarios
- Tips/Strategies Review
- Resources

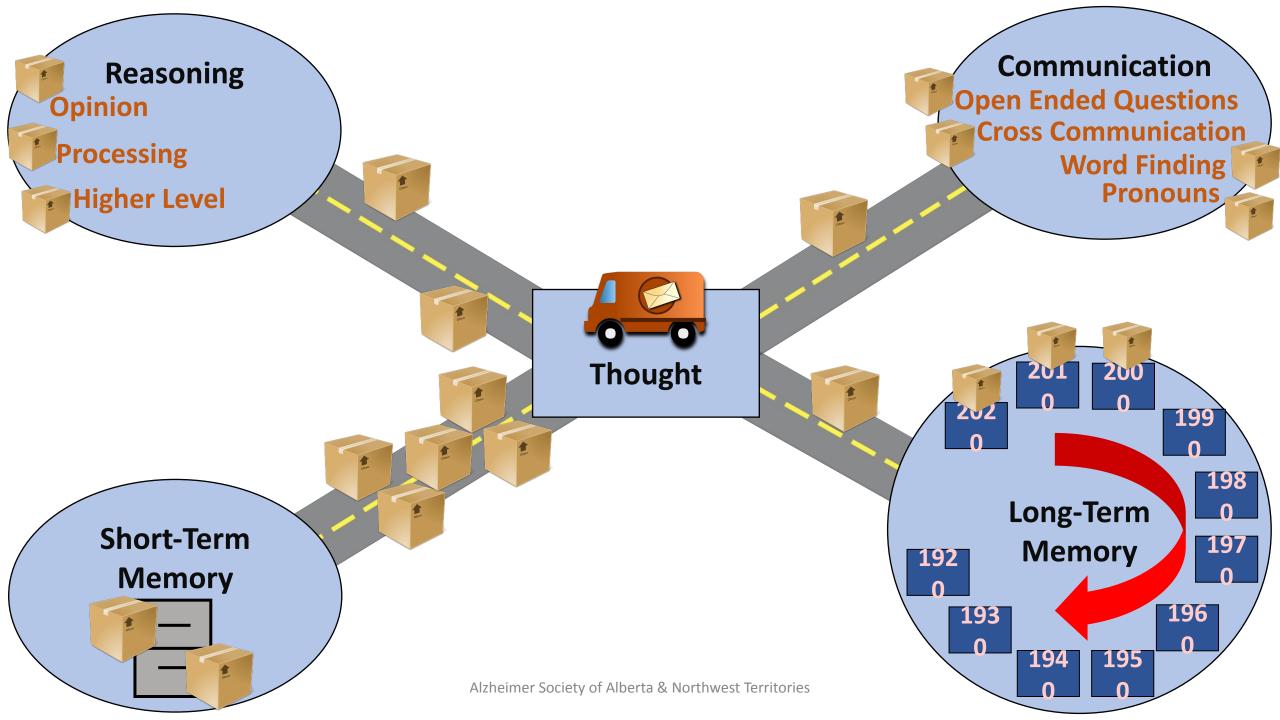


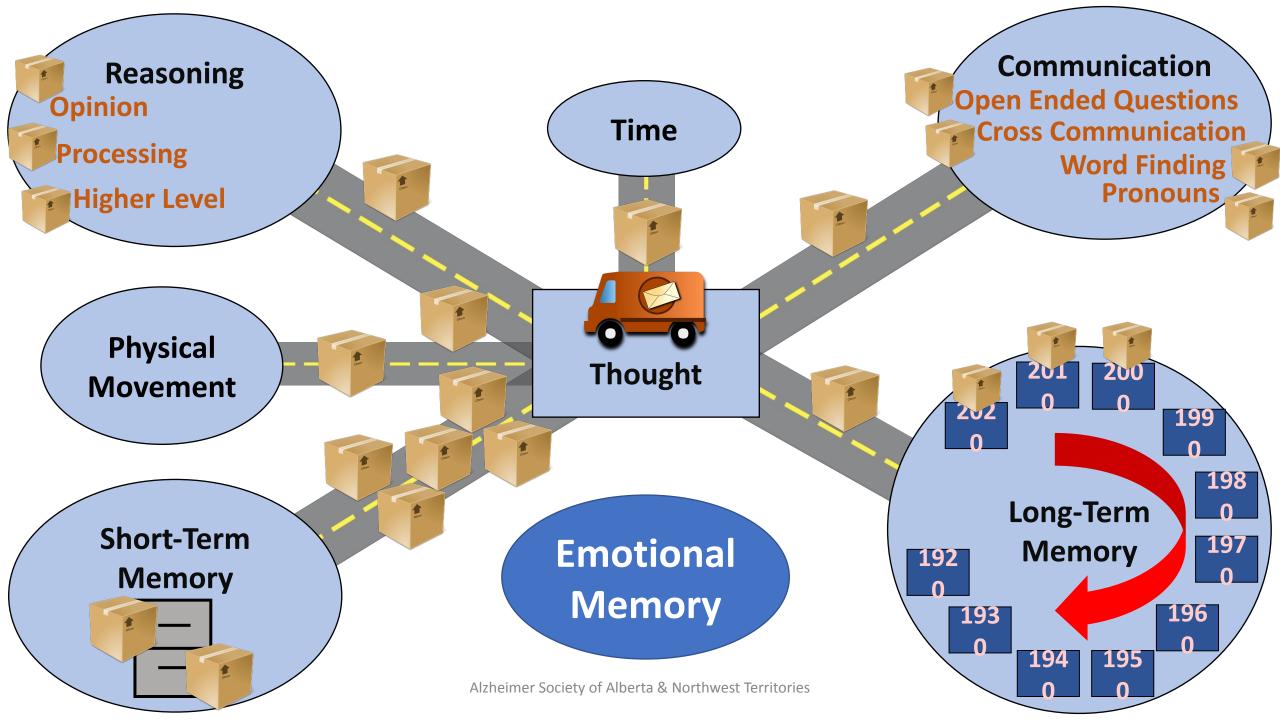












You pickup Mary and after introducing yourself and starting the drive, you get into a conversation. Five minutes into the drive, Mary asks you your name and where she is going.

• How do you respond?

- "My name is Steve and I am a volunteer driver with Drive Happiness. I am taking you to your doctor's appointment."
- "Don't you remember? I am Steve and I am driving you to your doctor's appointment"
- Ignore Mary's question and continue with previous conversation
- "I drove you last week too. Do you not remember me?"

- You are driving John to the grocery store and he instructs you to turn right, noting that that is how he always goes. You know that the store is on the left, two blocks up. How do you respond to John?
- "There is new construction that way, so we need to keep going this way to avoid it"
- "That isn't the way to the store. You must be thinking of somewhere else"
- "If we go that way it will take us twice as long"
- "I am the driver and know where we are going."

 You are dropping Susan back at her house after a long day of appointments and shopping.
When you go to assist her to the door, she insists on making you lunch to thank you for the ride. • How do you respond?

- "That is against our policy, I will assist you to the door and then am leaving"
- "Thank you for the offer, but I need to go to an appointment"
- "It was lovely meeting you, but I can't stay today"
- Ignore Susan, walk her to the door and then sneak back to your car.

 You drove Richard to a seniors centre for pickleball. As you are dropping Richard off, he makes a derogatory comment about a group of seniors leaving the building.

• How do you respond?

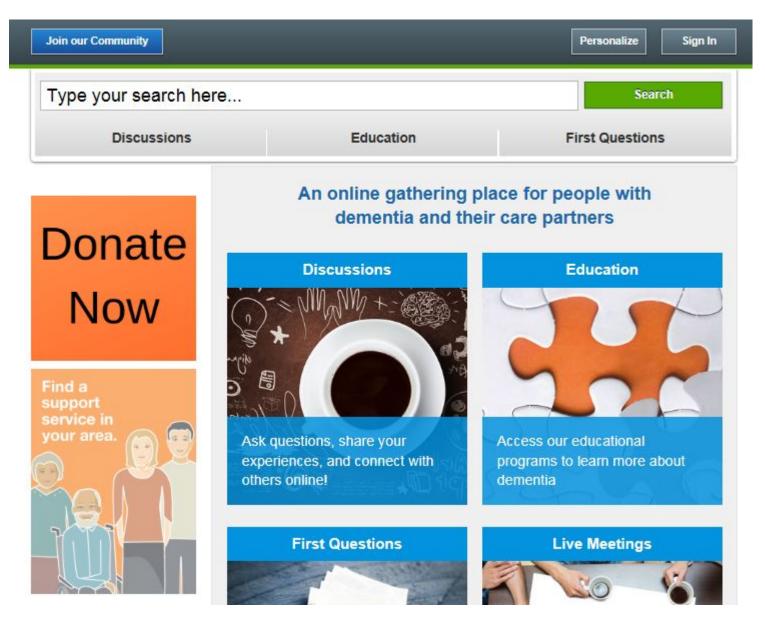
- Understand that Richard has changes in judgement and reasoning causing him to act or speak inappropriately. Do not respond to his comment.
- "Richard that is not appropriate. I will not drive you if that is how you speak about others"
- "Richard that's not very nice"



Review of tips & strategies

- Speak slowly and clearly, use simple language, repeat the message, if necessary
- Give time for answers, be patient
- Utilize long-term memory and opinions
- Break down tasks into fewer and simpler tasks, providing support throughout the process
- Use names of people, places, and objects
- Avoid disagreeing, arguing, or trying to convince the individual that what they believe is untrue or inaccurate
- Avoid unnecessary noise or stimulation

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We're here to help.

What information are you looking for?

I am worried I may have dementia I am worried someone I know may have dementia I am recently diagnosed I am living with dementia I am caring for someone with dementia I am trying to reduce my risk I am looking to offer my support I am a health-care professional I am interested in dementia research



Take action

You can get involved and support the Alzheimer Society of Alberta and Northwest Territories in lots of ways, including volunteering, fundraising, advocating and donating.

Donate today! ->

Fundraise and participate! ->